**UNIVERSITY OF MARY WASHINGTON -- NEW COURSE PROPOSAL**

Electronically submit this completed form with attachments in one file to the Chair of the College Curriculum Committee.

<table>
<thead>
<tr>
<th>COLLEGE (check one):</th>
<th>Arts and Sciences</th>
<th>X</th>
<th>Business</th>
<th>Education</th>
</tr>
</thead>
</table>

Proposal Submitted By: Dr. David Kolar  
Date Prepared: 9/20/13

Course Title:  
Psychology in Europe

Department/discipline and course number*:  
PSYC 399  *(This course number has been approved by Registrar)*

*This course number must be approved by the Office of the Registrar before the proposal is submitted.

Number of credits proposed: 3  
Prerequisites: PSYC 100  
Will this be a new, repeatable “special topics” course? (Do you want students to be able to take this new course more than once if the topic changes?)  
NO  X  YES

Date of first offering of this new course:  
**FALL SEMESTER, year**  
Summer, 2015

Proposed frequency of offering of the course:  
1 time per year

List the faculty who will likely teach the course:  
Dr. David Kolar

Are ANY new resources required?  
NO  X  YES  
Document in attached impact statement

This new course will be (check all that apply):  
Required in the major General Elective  
Elective in the major  
General Education**  
X

**AFTER the new course is approved, a separate proposal must be sent to the General Education Committee.

Catalog Description:  
*In this 3 credit summer school course, students travel to different European cities to trace the roots of Psychology in Europe. Through lectures, readings, tours, and group discussions, students learn about important figures and events in Psychology.*

**COURSE HISTORY**

Was this course taught previously as a topics or experimental course?  
YES  X  NO

<table>
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<tr>
<th>Course Number and Title of Previous Course</th>
<th>Semester Offered</th>
<th>Enrollment</th>
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<tbody>
<tr>
<td>IDIS 350 F</td>
<td>Multiple summer terms</td>
<td>~10</td>
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X  **CHECK HERE** if the proposed course is to be equated with the earlier topics or experimental offerings. This means that students who took the earlier “topics” course will only be able to take the new course if they made a C- grade or lower in the earlier course.

**NOTE:** If the proposed course has not been previously offered as a topics or experimental course, explain in the attached rationale statement why the course should be adopted even though it has not been tried out.

**REQUIRED ATTACHMENTS:**

1. **Rationale Statement** (Why is this course needed? What purposes will it serve?)
2. **Impact Statement** (Provide details about the Library, space, budget, and technology impacts created by adding this new course. Include supporting statements from the Library, IT Department, etc. as needed.)
3. **Sample Syllabus**

Department Chair Approval:  
Debra Steckler  
Date: 9/20/13

CCC Chair Approval:  
Tim ODonnell  
Date: 10-23-13

UCC Chair Approval:  
Date: __________________________
Rationale Statement

This course provides students with the opportunity to travel to several countries in Europe while learning about important people and events that helped shape the field of Psychology. In addition to learning through readings, lectures from local researchers, class discussion, and museum tours, students are also exposed to several different cultures that influenced these people and events. In London, we visit the homes of both Sigmund Freud and Charles Darwin, two individuals who have played an important role in both scientific thinking in general and more specifically in the field of Psychology. Each home is also a museum and provides students with unique opportunities to learn beyond what they would find in a typical classroom. In Wurzburg, the director of the Center for the History of Psychology provides a lecture and tour of the Center. In Munich, we visit Dachau Concentration Camp and discuss how the Holocaust influenced many psychologists and psychological theories. In Vienna, we visit the Sigmund Freud Museum and the Alfred Adler Institute. Finally, lectures by local researchers are arranged for students in several of the cities we travel to. In addition to these tangible academic benefits, students are exposed to several different cultures. We visit museums in London and Munich. We attend a performance at the State Opera House in Vienna. And once we have completed our academic work for the day, students have ample time to explore each city we visit. Taken together, all of these experiences provide students with an opportunity to learn that surpasses any classroom environment.

This course has been taught on several occasions as a special topics IDIS 350F course. It was originally developed by Dr. Denis Nissim-Sabat in the Department of Psychology and he has taught it on several occasions. I taught the course one time two summers ago. Dr. Nissim-Sabat recently retired and I am now taking over the course. I thought now would be the appropriate time to have the course made into a permanent offering and to change it to a Psychology course so that Psychology majors could get elective credit in the major for taking it.

Impact Statement

No new resources are needed in order to offer this course. As noted above, the course has been offered on several occasions over the past few years so any resources necessary for this course are already here at Mary Washington. The Center for International Education has helped facilitate offering this course each time it has been taught and already has the resources in place to continue its support of the course (please see attached letter of endorsement). No new library acquisitions, technology, space, or budget are needed to support this course. All costs for the course are covered by fees that students pay specifically for this course and the summer school tuition that students pay.
Sample Syllabus

PSYC 399: Psychology in Europe
Summer, 2015

Instructor: Dr. David Kolar

Course Description:

The focus of this 15-day study abroad course is to learn about important people and events in the history of Psychology. To do this, we will travel to specific destinations in Europe that are relevant to Psychology, read original writings, attend lectures, watch relevant movies, and discuss important individuals and events in Psychology. To accomplish the goals of the course, we will visit London, Wurzburg, Munich, and Vienna.

Course Objectives:

1) Learn about important people and events in Psychology by reading and discussing original writings by important individuals associated with the beginning of Psychology in Europe.
2) Learn from researchers who focus on psychology in several different countries.
3) Visit and tour historical sites across Europe associated with Psychology.
4) Learn about and experience the culture of several European countries.

Required Readings and Movies:

The readings and viewings of films should be completed before the group departs for Europe.

Freud, S. Lecture XXXI: The Dissection of the Psychical Personality.
Freud, A. Child Analysis as the Study of Mental Growth: Normal and Abnormal.
Darwin, C. The Expression of the Emotions in Man and Animals: Ch. XIV Concluding Remarks and Summary.
Frank, A. Anne Frank: The diary of a young girl. *
Vincent and Theo (movie)*
Sturm, T., & Ash, M. Roles of Instruments in Psychological Research (For Wurzburg)
Wiesel, E. Night *
Schindler’s List (movie)*
Frankl, V. Mans Search for Meaning *
Freud, S. The Dream and the Primal Scene.

* Students are required to obtain these items on their own. Other readings are posted on Canvas.
**Course Requirements:**

1) **City/Country Background Presentation:** Prior to leaving the U.S., students will learn about a specific destination and present relevant information to the class about that destination. We will discuss this in more detail at pre-trip meetings.

2) **Lead Discussion:** In Europe, each student will lead a class discussion on a reading/movie/individual/location that we are focusing on in the class. Prior to leaving the U.S., each student will provide 5 discussion questions based on the reading or movie for other students in the class to think about and be prepared to answer for the discussion.

3) **Participation in Group Discussions:** Students are required to actively and effectively participate in group discussions. To do this, students must have completed the readings and thought about the discussion questions prior to the group discussion.

4) **Journal:** Students will keep a written journal while in Europe. Students should use the journal to reflect on the cultural experiences they are having and to provide a written record of the trip. In addition, students should use the journal to reflect on how the course activities are related to psychology. Journals will be collected and evaluated every 4th day while we are in Europe and then returned so that students can continue to write in them. The completed journal will be turned in at the end of the trip. After final grades are submitted, the journal will be returned to the student.

5) **Question Answers:** Students will choose one question from each of the class discussions (see #2 and #3 above) and provide written responses for those questions. These answers will be due two weeks after returning from Europe.

**Grades:**

Grades will be determined by the quality of the City/Country Background Presentation (10%), the quality of the discussion questions and leadership of the group discussion (15%), the quality of participation in the group discussions (30%), the quality of the journal entries (15%), and the quality of written answers to discussion questions (30%).

**Honor Code:**

Students are expected to adhere to all aspects of the UMW Honor Code for this course.
September 16, 2013

Curriculum Committee
University of Mary Washington
1301 College Ave.
Fredericksburg, VA  22401

Dear Committee Members,

The Center for International Education would like to express our ongoing support of the Psychology in Europe Faculty-Led Study Abroad Program. Affectionately known as “Psych in Europe,” the program will run for the seventh time during the summer of 2014 and has been a strong addition to UMW’s education abroad offerings.

Moving forward and without diminishing the value of Interdisciplinary Studies credit, CIE strongly supports the creation of an upper division Psychology course for the program. The curriculum of the program traces the development of modern psychology across Europe and alumni agree that the opportunity to visit historic sites strongly enhances their understanding of the subject. CIE looks forward to offering our support to this program in the years to come.

Sincerely,

Jose A. Sainz

Jose A. Sainz, Ph.D.
Director
Center for International Education
jsainz@umw.edu