UNIVERSITY OF MARY WASHINGTON -- NEW COURSE PROPOSAL

Electronically submit this completed form with PDF attachments to the Chair of the College Curriculum Committee.

**COLLEGE (check one):**
- Arts and Sciences  x  Business  x  Education

Proposal Submitted By: Richard Finkelstein  Date Prepared: 1/31/13
Course Title: The Role of the Professional Nurse
Department/discipline and course number*: NURS 310

*This course number must be approved by the Office of the Registrar before the proposal is submitted.

Number of credits proposed: 3  Prerequisites: RN licensure/admission to program

Will this be a new, repeatable “special topics” course? (Do you want students to be able to take this new course more than once if the topic changes?)
- NO  x  YES

Date of first offering of this new course: FALL SEMESTER, year 2014

Proposed frequency of offering of the course: 2 X/ year
List the faculty who will likely teach the course: n.a.

Are ANY new resources required?  NO  x  YES  Document in attached impact statement

This new course will be (check all that apply):
- Required in the major  x  General Elective
- Elective in the major  x  General Education**

**AFTER the new course is approved, a separate proposal must be sent to the General Education Committee.

**Catalog Description:**
This course provides the beginning BSN student with a foundation of the expanded role of the professional baccalaureate nurse. The course introduces concepts related to professional development, values, and role development, all of which will be synthesized through effective verbal and written communication. Through writing activities, in-class and on-line discussions, and group work, students will apply critical precepts to concepts of personal and professional development and transformation. Students will gain a multi-perspective understanding of the role of the professional nurse in the current health care delivery system.

**COURSE HISTORY**

Was this course taught previously as a topics or experimental course?  YES  NO

Course Number and Title of Previous Course  Semester Offered  Enrollment

CHECK HERE if the proposed course is to be equated with the earlier topics or experimental offerings. This means that students who took the earlier “topics” course will only be able to take the new course if they made a C- grade or lower in the earlier course.

**NOTE:** If the proposed course has not been previously offered as a topics or experimental course, explain in the attached rationale statement why the course should be adopted even though it has not been tried out.

**REQUIRED ATTACHMENTS:**
1. **Rationale Statement** (Why is this course needed? What purposes will it serve?) please see overall BSN proposal
2. **Impact Statement** (Provide details about the Library, space, budget, and technology impacts created by adding this new course. Include supporting statements from the Library, IT Department, etc. as needed.)
please see overall BSN proposal
3. **Sample Syllabus** please see BSN proposal

Department Chair Approval: Dean's Office, CAS Date: 1/31/13
CCC Chair Approval: Brad Hansen Date: 2/13/13
UCC Chair Approval: Date: ___________
NURS 310  The Role of the Professional Nurse

The Role of the Professional Nurse
NURS 310
Professor
Office:
Office Phone:
Office Hours:
Course Website:
Catalogue Description
This course provides the beginning BSN student with a foundation for understanding the expanded role of the professional baccalaureate nurse. The course introduces concepts related to professional development, values, and role development, all of which will be synthesized through effective verbal and written communication. Through writing activities, in-class and on-line discussions, and group work, students will apply critical precepts to concepts of personal and professional development and transformation. Students will gain a multi-perspective understanding of the role of the professional nurse in the current health care delivery system.

Course Outcomes and Objectives:

- Students will be able to identify the role of the baccalaureate nurse in today’s health care system.
- Students will be able to define the need for professional role development for the baccalaureate prepared registered nurse.
- Students will develop a career trajectory plan that incorporates reflection.
- Students will demonstrate effective written and verbal communication skills.

Course Requirements

A) Complete a 10-page critical thinking and writing assignment using APA format – 40%

**Nursing 310 Writing Assignment Guidelines and Rubric**

APA guidelines must be followed for this assignment.

Choose from one of the following topics:

Topic #1: What are the strategies used to assist RNs in returning to school to achieve a degree? (BSN)

Topic #2: What are the socioeconomic changes that have impacted or continue to impact the advancement of nursing education?
Topic #3: Why should the entry level for the nursing profession be the BSN?

Topic #4: What are the current practice issues that impact nurses’ advancement in education?

Follow APA 6th edition format for correct citations and development of references. The paper should be 7-8 pages of text with an additional Title, Abstract, and Reference page following APA format for a total of 10 pages. Use headings (first level) at least to separate ideas. Be sure to proofread the document carefully for grammar and spelling. Use quotations sparingly.

Nursing 310 Writing Assignment Rubric

<table>
<thead>
<tr>
<th>CONTENT</th>
<th>POINTS</th>
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<tbody>
<tr>
<td>Introduction</td>
<td>25 points</td>
</tr>
<tr>
<td>Identification of the topic</td>
<td></td>
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<tr>
<td>Clear, succinct explanation of the topic is given. The introduction should clearly identify the topic of the paper. It should draw the reader into the paper.</td>
<td></td>
</tr>
<tr>
<td>Critique and summarize the articles</td>
<td>30 points</td>
</tr>
<tr>
<td>Identify the relevance to the topic</td>
<td></td>
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<tr>
<td>Discuss the influence or impact the articles have on professional nursing practice.</td>
<td></td>
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<tr>
<td>Support statements with citations from the at least two or more journals.</td>
<td></td>
</tr>
<tr>
<td>*A literature review must come from a current peer reviewed journal that is no greater than 5 years old. Use any available resource including CINAHL database, peer reviewed journals.</td>
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<tr>
<td>Conclusion</td>
<td>25 points</td>
</tr>
<tr>
<td>Discuss the influence the topic has on a personal level (either academic or practice or both). Remember not to use first person (i.e. This author or This writer......)</td>
<td></td>
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<tr>
<td>Support statements with examples and</td>
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Use of APA format for typing, citations in text, and reference list. Please keep in mind that when writing in APA the author SHOULD NOT use first person. Follow APA guidelines under Resources and your manual. Use proper grammar, spelling, and sentence structure.

<table>
<thead>
<tr>
<th>citations from the literature.</th>
<th>20 points</th>
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<td><strong>TOTAL</strong></td>
<td><strong>100 points</strong></td>
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B) Participate in weekly course discussions – 40% (8 at 5%/week)

**NURS 310 Discussion Board (DB) Guidelines and Rubric**

- The Discussion board questions are found under the menu item labeled “discussion boards.”
- Post your initial response to the discussion board question(s) following the due dates listed in the course schedule.
- Complete that week’s posting which includes at least 2 replies by XXday to two different fellow students outside of your initial post.
- You are expected to be in the discussion board at least two different days throughout the week—not one time only because this defeats the ability to create and generate discussion in the online community.
- Discussion board postings are graded according to the rubric.

<table>
<thead>
<tr>
<th>Discussion Board Rubric</th>
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<tbody>
<tr>
<td><strong>DB QUESTION(S): STUDENT INITIAL RESPONSE</strong></td>
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<tr>
<td>Demonstrates analysis of materials which includes (3 points)</td>
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<tr>
<td>APA Reference within text and at the end of post</td>
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<tr>
<td>Demonstrates application of materials (1 point)</td>
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<tr>
<td>Faculty may respond to a post with further questions or clarification that the student will need to respond to because it may impact on</td>
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the student's weekly DB grade.

REPLIES:

| Detailed and meaningful responses within timeline | (2 points) |
| Limited to agree/disagree statements | (0.5 point) |
| Replies submitted after the DB timeline will not receive any credit. |

POSTING FREQUENCY:

| Postings on at least 2 different days within DB timeline (no deductions) | |
| Posting all in one day | (-1 point) |

TIMELINESS:

| Initial response posted after Wednesday | (-0.5/day) |

TOTAL POSSIBLE POINTS: 5 per DB

The rubric is based upon Bloom's Taxonomy of higher level thinking which may be clarified via the following link:
http://www.odu.edu/educ/roverbau/Bloom/blooms_taxonomy.htm

C) Complete an electronic portfolio (must be purchased—listed under required reading list)—20%

Required Reading


Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Course Topic</th>
<th>Readings/Activities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introductions</td>
<td>Write a paragraph about yourself, why you became a nurse, nursing employment, and something personal about you, include a picture to post.</td>
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</tbody>
</table>
| 2    | Transition to Baccalaureate Nursing | Read the article:
http://jama.ama-assn.org/content/290/12/1617.full
Respond to the following questions:
What are your thoughts on the outcomes of this study?
What impact does this article have on nursing? |
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<td></td>
<td><strong>What do you believe is the value of a BSN degree?</strong></td>
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<td></td>
<td><strong>What advice would you give other RNs about obtaining a BSN?</strong></td>
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| 3 | Professional Development in Nursing | Read the following article:  
http://www.americannursetoday.com/article.aspx?id=7086  
Respond to the following:  
What is professionalism?  
What are the key attributes of professionalism in nursing?  
Describe your development as a professional.  
What roles do you play as a professional nurse? |
| 4 | Values Clarification | To complete this exercise, access the following site (this is a free service):  
http://www.lifevaluesinventory.org/for-organizations.html  
Follow the exercise and answer the following questions:  
What are the values that you most prioritize?  
How do those values align with your current position?  
What strategies can you incorporate into your daily life to manage role stress?  
What values and beliefs do you feel are essential for the nurse practicing today? |
| 5 | VARK and Personality Tests | Complete the VARK questionnaire:  
Write a brief summary of the your VARK results that includes:  
1) A discussion and comparison of your past study habits with the new study strategies recommended and  
2) How you plan to integrate the suggestions into your future study habits?  
Click on the link and complete the 41 item survey. Web link: http://www.41q.com/  
Read the results and write down the first letter of each of your results. |
To read more about your personality type, click on the link by J. Butt and M.M. Heiss. Web link: [http://typelogic.com/](http://typelogic.com/) or back to the official Myers Briggs web site. Click on your 4 letter type and read the description.

What is your personality preference type?

What do you think about your results?

How can you use this knowledge professionally? Personally?

How might you change your work day (school work) based on what you know about you?

Share your personal philosophy of professional nursing.

| 6 | Nursing in the 21st Century | Read the following IOM Futures of Nursing Report http://thefutureofnursing.org/IOM-Report
(You can download the report Free you do not need to purchase it)
http://www.nap.edu/catalog.php?record_id=12956

Respond to the following questions:
1) What impact does this report have on nursing?
2) What impact will it have on you?
3) What do you consider the most significant points of this report, and why? |

| 7 | Writing for Publication | Read the following resource:

Suggested topics for discussion and for the writing assignment:
What are the strategies used to assist RNs to return to school to achieve a degree? (BSN)
What are the socioeconomic changes that have impacted or continue to impact the advancement of nursing education?
Why should the entry level for the nursing profession be the BSN?
What are the current practice issues that impact nurses’ advancement in education? |
| 8 | Career Trajectory Plan | Read the following article: http://journals.lww.com/nursingmadeincrediblyeasy/Fulltext/2011/01000/Choosing_your_nursing_career_path.14.aspx  
Respond to the following questions:  
What excites you about this career?  
What do you like most about your current nursing position?  
Where do you want to be in 5, 10, and 20 years from now?  
What steps will you take to achieve the goals you set for yourself in 5, 10, and 20 years from now? |

**Academic Dishonesty**

The UMW Honor System is in effect for our course. I may authorize specific exercises as collaborative work, but all other work must be your own, as per Article 1, Sections 1 and 2 of the University of Mary Washington Student Honor Code.

**Accommodations**

The Office of Disability Services has been designated by the University as the primary office to guide, counsel, and assist students with disabilities. If you already receive services through the Office of Disability Services and require accommodations for this class, make an appointment with me as soon as possible to discuss your approved accommodation needs. Please bring your accommodation letter with you to the appointment. I will hold any information you share with me in the strictest confidence unless you give me permission to do otherwise. If you have not contacted the Office of Disability Services and need accommodations (note taking assistance, extended time for tests, etc.) I will be happy to refer you. The office will require appropriate documentation of disability. Their phone number is 540.654.1266. If there is anything about yourself that you think I should know, please see me in office hours or before/after class.