

# Fostering a Peer Academic Consultant and Professor Relationship – Office of Academic Services

## How can we help and be utilized by you?

This page provides details about Peer Academic Consultants (PACs), what they help students with, and the collaborations on campus they have been a part of in the past.

Questions? You can email the PACs directly at [umwaspac@gmail.com](mailto:umwaspac@gmail.com) or Jennifer Cirbus, the PAC supervisor, at [jcirbu@umw.edu](mailto:jcirbu@umw.edu). We look forward to hearing from you!

### What do Peer Academic Consultants cover with students?

- Time management
- Test preparation
- Note-taking
- Textbook reading
- Goal setting
- Talking to professors
- Organization

### When can students schedule with a PAC in Fall 2020?

- Mondays, 5-7 PM
- Tuesdays, 4-6 PM
- Wednesdays, 12:30-2:30 PM
- Thursdays, 11-1 PM and 2:30-4:30 PM

### How can students schedule with a PAC?

- Follow this link to schedule with a PAC: <https://academics.umw.edu/academicservices/student-success-resources/peer-academic-consultants/schedule-with-a-pac/>

### How do Peer Academic Consultants help professors in following the progression of their students?

- You handle the content, we'll handle how to study that content
- PACs write an appointment summary on EAB at the end of every appointment. The summary will include how the conversation went, concerns expressed by the student, and strategies given.
- PACs emphasize to students the importance of keeping clear lines of communication with professors

### What are some signs that a student could benefit from an appointment with a PAC?

- Not aware of major due dates
- Notes are not helpful when they use them to study
- Feel overwhelmed with balancing all their classes
- Do not know how to break assignments into smaller chunks
- Papers spilling out of backpack and notebooks
- Express difficulty with the transition from high school or community college
- Student does not understand why they do not get the grades they want after spending a lot of time studying

### What are some benefits of working with Peer Academic Consultants?

- Help students make connections between time management skills and academic success
- Peer to peer perspective: PACs can easily relate to many situations that students will need to discuss
- Share concrete strategies/approaches for classes that students may not know exist
- Provide a source of accountability to students through weekly/regular appointments
- Provide a no-judgment zone for students to honestly express why they feel they are struggling academically (more for student marketing)
- Peer Academic Consultants can help students of any major
- Provide students with transferable skills that they can use in all their college classes as well as in the workplace after graduation